

Have a Garden?

Help feed our children the best Vermont has to offer!



Grow a row of vegetables for your local school and help children eat well and stay healthy!

Get FREE seeds for your row!

Prizes for the gardener with the most donations!

Don't have a garden?

You can still help—Volunteer to tend the garden at your local school!

Recommended Foods:

Carrots
Zucchini
Beets
Potatoes
Sweet corn
Green beans
Winter squash
Peppers
Spinach
Tomatoes
Cabbage
Broccoli
Cauliflower
Apples
Berries

Yes! I want to Grow a Row for my school!

Name _____
Address _____
Phone _____ Email _____

Add me to the Green Mountain Farm-to-School Mailing list!

Please check the school where you'll bring your produce:

Albany Brownington Coventry Glover Holland Irasburg
 Jay/Westfield Lowell North Country Jr. High Orleans Troy

Do you know what you might grow? _____

Please complete and return this form to:

Green Mountain Farm-to-School
194 Main Street, Suite 301
Newport, VT 105855

Questions? Contact Carrie Glessner at 802-334-2044 or programs@gmfts.org

